



The Soul of the South
A Curated Culinary Journey
Hosted by Anna & Michael Olson

CALABRIA - ITALY
MAY 30 - JUNE 6, 2027



About this Trip

Welcome to Calabria: Italy's most authentic, least-explored culinary frontier.

This eight-day journey immerses you in the food, wine, and traditions of the deep south, guided by the expertise and warmth of celebrated chefs Anna & Michael Olson.

You'll taste bergamot from the trees where it grows, learn bread-making from women who've perfected it over generations, and dine in settings that range from clifftop resorts to family-run trattorias. Every moment is curated. Every experience is exclusive. Every detail anticipates your comfort.

This is not a tour. It's an invitation into a world few outsiders ever access.

Daily Itinerary Overview

- DAY 1** Arrival and welcome dinner with a view
- DAY 2** Reggio, Gelato & Winery tour
- DAY 3** Bergamot, roman villas, countryside dinner
- DAY 4** Agriturismo, cooking classes and Gerace
- DAY 5** Artisan Producers & Pizzo Tartufo Gelato
- DAY 6** R&R, Cheese & Wine
- DAY 7** Bread Festival, Tropea and farewell dinner
- DAY 8** Morning checkout & Airport transfer



HIGHLIGHTS



Hosted Throughout by Anna & Michael Olson

Anna & Michael are with you for the full eight days-at tastings, in kitchens, at meals, and during every curated experience.

Their deep knowledge of Calabrian food culture, their connections to local artisans and producers, and their genuine warmth transform each day into something personal and unforgettable meals with local masters of their craft.

Luxury and authenticity, woven together.

5-STAR COMFORT, AUTHENTIC EXPERIENCES

You'll stay in luxury properties that feel like sanctuaries, pools overlooking the Sea, world-class spas, Michelin-standard dining.

Yet you'll also sit in family kitchens, visit working farms, and share meals with local masters of their craft.

LUXURY AND AUTHENTICITY, WOVEN TOGETHER.

HIGHLIGHTS

Coast of Gods



Explore the Coast of the Gods

The Coast of the Gods is Calabria at its most cinematic: dramatic cliffs, turquoise coves, and small seaside towns where life still revolves around the day's catch. Here, the culinary story is pure and unmistakably southern. Think sweet Tropea red onions, just-pressed olive oil, sun-ripened citrus, and seafood served simply, moments after it leaves the water. With Anna and Michael guiding the way, you'll taste the coastline the way locals do: unhurried, seasonal, and deeply connected to the land.

HIGHLIGHTS



Unesco Heritage Sites

Step into centuries of history. Your journey includes Gerace, a UNESCO World Heritage medieval town crowned by a Norman castle and co-cathedral, where Byzantine heritage whispers through narrow stone streets. Discover the ancient Roman world at Villa Romana di Casignana, an archaeological gem revealing life on the Calabrian coast two millennia ago. These aren't just sites to see—they're living chapters of Southern Italy's soul.



Most beautiful villages in Italy

Calabria's coastline is studded with villages so enchanting they've earned Italy's highest honors. Wander Chianalea di Scilla, a historic fishing hamlet where pastel houses tumble toward the sea, then experience Tropea, a cliff-top jewel perched above turquoise waters with a cathedral that seems to float above the Mediterranean. These aren't postcard backdrops—they're intimate places where you'll dine, explore, and connect with the authentic rhythm of Southern Italy.

HIGHLIGHTS



Authentic Culinary Experiences

Calabria is best understood through taste. Across eight days, you'll move from bergamot groves to artisan mills and bakeries, from PDO pecorino tastings to winery visits and apericena, with signature moments like gelato at Gelateria Cesare and tartufo in Pizzo. Add in a hands-on cooking class in Gerace, a traditional countryside dinner with live folk music, and seaside dining in Chianalea, and every meal becomes a story, guided by Anna & Michael's expertise and warmth.



Itinerary Schedule

DAY 1 - 8

8 DAY CULINARY
JOURNEY



Eight days.

Three coastal bases.

One unforgettable Calabria.

From Reggio Calabria to Tropea, immerse yourself in the food, wine, and traditions of Southern Italy's most authentic region. Stay in five-star sanctuaries, explore UNESCO heritage sites, and taste Calabria through the eyes of Anna & Michael Olson. The itinerary is thoughtfully paced - leaving space to savour each destination, each meal, each moment.

Day 1 - 2

Day	Activity	Description
1	Arrival in Reggio Calabria <i>Dinner</i>	<ul style="list-style-type: none">• Arrive at Reggio Calabria Airport.• Meet and greet by our representative, followed by a group transfer to your hotel on the hills overlooking the Calabrian coast line.• Welcome dinner in Scilla - one of Italy's most beautiful villages.
2	Discovering Reggio Calabria <i>Breakfast, Dinner</i>	<ul style="list-style-type: none">• Breakfast at hotel• Free time: self-guided exploration of Reggio Calabria and gelato experience• Winery Experience: Guided tour & light dinner at Tramontana with wine tasting• Return to hotel & overnight

Day 3 - 4

Day	Activity	Description
3	Bergamotto, Roman Villa & Countryside Dinner The Jonian Coast of Jasmine <i>Breakfast, Lunch, Dinner</i>	<ul style="list-style-type: none">• Breakfast at hotel• Bergamot Experience: Visit & tasting at Azienda Patea• Guided tour of Villa Romana di Casignana - Unesco site• Check-in to Parco dei Principi and poolside Aperitivo/lunch• traditional Calabrese experience with live folk music at Capofilico - local countryside estate.• Return to hotel & overnight
4	Agriturismo Cooking Class, Gerace, Granita & Pizza <i>Breakfast, Lunch, Dinner</i>	<ul style="list-style-type: none">• Breakfast at hotel• Transfer to agriturismo in Gerace (approx. 1 hour)• Cooking Class: Hands-on cooking experience with lunch• Meeting with the Mayor of Gerace & town tour• Tasting of local granita geracese (specialty)• Pizza dinner in Siderno

Day 5 - 6

Day	Activity	Description
5	Artisan Producers & Pizzo Tartufo Gelato <i>Breakfast, Lunch, Dinner</i>	<ul style="list-style-type: none">• Transfer to Mulinum (artisan mill/bakery) - visit & tasting• Transfer to Il Nido di Seta (silk producer) - visit and lunch• Tartufo Experience: gelato demonstration & tasting in Pizzo• Check-in to Capovaticano Resort Thalasso (5-star, Capo Vaticano) - www.capovaticanoresort.it• Dinner & overnight
6	R&R, Cheese & Wine <i>Breakfast, Lunch, Dinner</i>	<ul style="list-style-type: none">• Breakfast at hotel• Free time for personal activities (beach, spa, exploration, rest)• Transfer to Livasi - 'nduja producer - visit & light lunch• Cheese Tasting: Visit & tasting at Monteporo cheese producer• Wine Experience: Visit & aperitivo dinner at Cantina Masicei• Return to hotel & overnight

Day 7 - 10

Day	Activity	Description
7	Bread Festival, Tropea and farewell dinner <i>Breakfast, lunch and Dinner</i>	<ul style="list-style-type: none">• Breakfast at hotel• Transfer to Zungri (approx. 30 min)• Bread Festival: Participation in Giornata del Pane (Bread Day Festival)• Transfer to Tropea• Free time: explore Tropea's historic center, beaches, views• Return to the hotel in the early evening• Farewell dinner at the hotel
8	Departure day <i>Breakfast</i>	<ul style="list-style-type: none">• Breakfast at the hotel• Group transfer to Lamezia international airport.<ul style="list-style-type: none">◦ Private transfers available upon request.

A photograph of a hotel room. In the foreground, a bed with white linens is visible. To the left, a wooden headboard and a bedside table with a lamp are shown. A large window with light-colored curtains looks out onto a balcony with a dark railing. Beyond the balcony, a clear blue sky meets a bright blue sea. The text 'Stay in comfort' is overlaid in large, bold, black letters with a white outline, and 'SELECTED WITH YOU IN MIND' is overlaid in smaller, white, all-caps letters below it.

Stay in comfort

SELECTED WITH YOU IN MIND

5 STAR
ACCOMMODATIONS

Premium Properties

Every stay on this journey is hand-selected for location, comfort, and atmosphere. We begin at **Altafiumara Resort & Spa** near Reggio Calabria, a serene coastal retreat with sweeping views across the Strait of Messina. Next, we settle into **Parco dei Principi** in Roccella Jonica, a refined seaside base on the Ionian coast, perfectly placed for Calabria's artisan producers and hilltop villages. We end at **Capovaticano Resort Thalasso & Spa**, near Tropea, where private beach access, sea-view pools, and thalassotherapy create the ultimate clifftop sanctuary between unforgettable meals and experiences.

Stay In Comfort

REGGIO CALABRIA

REGGIO CALABRIA



Altafiumara Resort & Spa

Reggio Calabria - Day 1-2

A serene, five-star coastal retreat overlooking the Strait of Messina, known for its peaceful setting, panoramic sea views, and a spa-focused stay that feels like a true reset between experiences.



Stay In Comfort

JONIAN COAST - ROCCELLA

ROCCELLA JONICA



Parco dei Principi

Roccella Jonica - Day 3 and 4

An elegant seaside base on Calabria's Ionian coast, offering refined comfort, easy beach access, and a relaxed, well-positioned home for exploring villages, producers, and the region's culinary traditions.

Stay In Comfort

COAST OF THE GODS

CAPOVATICANO - COAST OF THE GODS



Capovaticano Resort & Spa

Capovaticano - Day 5-6-7

A standout seaside resort near Tropea with private beach access and a Thalasso spa, designed for effortless luxury with sea-view pools, sunset terraces, and a front-row seat to Calabria's turquoise coastline.



PRICING

PRICING & TAILORED EXTRAS

What is covered

Your base package includes the full Calabria itinerary: seven nights in hand-selected five-star properties, all scheduled transfers by private vehicle, and a curated collection of meals, tastings, and experiences. From bergamot and artisan mills to winery evenings, cooking in Gerace, and the turquoise coastline near Tropea, every day is thoughtfully paced and professionally coordinated so you can simply arrive and enjoy.

Optional add-on:

Private airport transfers can be arranged on request (arrival via Reggio Calabria , departure from Lamezia Terme airport).



Price Overview

Price per person (Double/Twin): \$8,950 CAD

Single Supplement: \$1,800 CAD

INCLUSIONS

- 7 nights in 5-star accommodations with breakfast
- All private ground transfers as per itinerary
- Curated culinary experiences and tastings, including:
 - Bergamotto visit and tasting
 - Gelato tasting and tartufo in Pizzo (Bar Ercole)
 - Artisan mill and bakery experience (Mulinum)
 - Cheese tastings including Pecorino del Monte Poro
 - 2 Winery experiences
 - Hands-on cooking experience
- Guided cultural visits and signature stops, including:
 - Villa Romana di Casignana and Gerace
 - Tropea and the Coast of the Gods
- All meals mentioned in the itinerary
- Beverages with included meals:
 - ½L water + ¼L wine or 33cl beer per person

EXCLUSIONS

- International flights
- Travel insurance (required)
- Airport transfers not included in the itinerary (private transfers available on request)
- Optional activities, upgrades, or additional tastings not listed
- Personal expenses (laundry, minibar, phone calls)
- Meals or beverages not specified in the itinerary
- Tips and gratuities (drivers, guides, hotel staff)

The itinerary is subject to change. In the event of supplier or scheduling changes, experiences may be adjusted and replaced with comparable alternatives of equal or greater value.



Reserve your spot now!